



YELLOW CROAKER - CHANO

Yellow Corvina | Umbrina Roncador

The Yellow Croaker, also known as "Yellow Corvina," is considered a treasure among Asians, including the Korean, Chinese, and Vietnamese population. It is common to cook the fish whole and can be seasoned and braised, cut into parts for stew, or fried. Yellow Croaker is high in protein, B6 and B12 vitamins, and omega-3 and omega-6 fatty acids, all of which contribute to good health.



Packing: 1 x 33 lb, IQF, Wild

Sizes: 1-2, 2-4 lbs



Fishing Method: Artisanal net. FAO 77



Shelf-life: 24 months from production date at frozen 0°F / -18°C or below



Flavor/Dietary information: Light flavor; Tender and delicate flesh



Form: WR. IQF. Wild Caught



Preparation: Pan-Fry, Bake, Steam, Poach, Deep-fry, Grill



Species Name/ Source: Umbrina roncador / Mexico



QUALITY | SUSTAINABILITY RELIABILITY | INTEGRITY



Conservation status: ---

