



INDONESIAN OCTOPUS

Octopus Vulgaris

Octopus vulgaris also known as common octopus can be found worldwide in temperate, subtropical, and tropical waters in depths from 0-650 feet. When cooked right, it has a soft and tender chew carrying a mild succulent flavor. Depending on the grade of the octopus, it can be eaten raw, but is more commonly eaten boiled and sliced in sushi, grilled over an open flame, acidulated in ceviche, or found in caldo de siete mares (aka Mexican seafood stew).

